

Self-Harm Learning Network



Free training sessions for parents and carers

Book now for spring and summer terms.

The content will be different for each term.

Join other parents and carers across your area in a free on-line Zoom workshop to support you and your family.

The content will focus on supporting young people who self-harm, as well as supporting friends, siblings and ourselves, and begin to consider any additional learning needs.

This 1 ½hr session will provide you with the opportunity to learn from real life examples of young people's experience of living with self-harm and what we can do to support their wellbeing, whilst also offering you valuable space and time to meet with other parents and carers in small facilitated groups.

Self-Harm Learning Network



Spring Term

Book one of these.....

Tuesday 8th Feb 6pm-7:30pm
<https://shln8febparent.eventbrite.co.uk>

Thursday 17th Feb 11am-12:30pm
<https://shln17febparent.eventbrite.co.uk>

Thursday 3rd March 11am-12:30pm
<https://shln3marparent.eventbrite.co.uk>

Tuesday 15th March 6pm-7:30pm
<https://shln15marparent.eventbrite.co.uk>

Thursday 24th March 11am-12:30pm
<https://shln24marparent.eventbrite.co.uk>

Tuesday 29th March 6pm-7:30pm
<https://shln29marparent.eventbrite.co.uk>

Summer Term

.....and then book one of these

Tuesday 10th May 6pm-7:30pm
<https://shln10mayparent.eventbrite.co.uk>

Thursday 19th May 11am-12:30pm
<https://shln19mayparent.eventbrite.co.uk>

Wednesday 25th May 6pm-7:30pm
<https://shln25mayparent.eventbrite.co.uk>

Thursday 9th June 11am-12:30pm
<https://shln9junparent.eventbrite.co.uk>

Tuesday 14th June 6pm-7:30pm
<https://shln14junparent.eventbrite.co.uk>

Thursday 23rd June 11am-12:30pm
<https://shln23junparent.eventbrite.co.uk>

